



# NISSOC2025

▶ Bulletin One: 4 March 2025



Counties Manukau Orienteering Club welcomes you to Tāmaki Makaurau for the 2025 North Island Secondary School Orienteering Championships!

## General Event Information

The event website is the main source of information about NISSOC2025: [cmoc.co.nz/nissoc2025](http://cmoc.co.nz/nissoc2025)

Bulletins, health and safety plans, start times, results, and any late updates can be found on the website.

We will also be updating the CMOC Facebook page at [facebook.com/cmorienteering](https://facebook.com/cmorienteering)

## Key Contacts

### Event Co-Directors:

- Renee Motion - 027 201 7766
- Katherine Granich - 021 120 5778

Email for all enquiries: [info@cmoc.co.nz](mailto:info@cmoc.co.nz)

Please email us in the first instance prior to the event, and reserve phone calls for urgent situations or emergencies on the day.

## Where to Find Out Stuff

On the day, Registration will be your main source of information. We will have a printed copy of the [ONZ Rules](#) and [NZ Secondary Schools Orienteering Championship Special Rules](#), which are our guidelines for this event. At Registration you will also find a bulletin board with Hazards and Health and Safety Info, updated event info, a copy of the day's Start List to view, and Complaint/Protest Forms.

## SPRINT

Friday 25 April  
Wesley College  
Paerata

## LONG

Saturday 26 April  
Muir's Farm, South End  
Kohekohe

## RELAY

Sunday 27 April  
Muir's Farm  
Kohekohe

## Entries

Entries close 11.59pm on Friday, 11 April 2025. We will not be able to accept late or on-the-day entries. Entries are via your school's Sports Coordinator, who must enter competitors online at enterO: [entero.co.nz](https://entero.co.nz)

Entry fees (per competitor):

- Sprint \$15
- Long \$30
- Relay \$20
- SI Hire \$5 per race (Sprint and Long)

*Note: The SPORTident (SI) punching system will be used for all events. Students with their own SI/SIAC cards may use them for the Sprint and Long; please provide details with their entries. For the Relay, students must use allocated SI cards which they will receive in their race pack on the day.*

## Payment details

Once students have been entered via enterO, payment needs to be made by the school. The school collects the individual payments from each student. Payment will be accepted by bank transfer (NZ only).

- **Bank account number:** 12-3052-0311680-00
- **Account name:** Counties Manukau Orienteering Club
- **Reference:** Your entry key (available in your confirmation email)
- **Code:** NISS2025
- **Particulars:** School name

If you have any questions about entries, please email [info@cmoc.co.nz](mailto:info@cmoc.co.nz)

## Refund Policy

In the unlikely event that NISSOC2025 is cancelled due to extreme weather or other factors outside of our control, refunds will be provided.

If the event is postponed, refunds will be offered to competitors who are unable to make it to the new dates. If competitors are unable to attend due to COVID-19, we will refund the affected competitors' entry fees. Refunds will be processed after the event. For competitors who are unable to attend due to injury or illness, full refunds will be available if we are notified before 11.59pm on 11 April, and 75% will be refunded if we are notified between 12 midnight on 12 April and 11.59pm on Friday 18 April. For cancellations after 12 midnight on 19 April, we are unable to offer refunds. We are also not able to offer refunds for "no shows".

## Accommodation and Travel

Schools are responsible for organising their own accommodation and travel. Because it is ANZAC weekend, accommodation may book up early and traffic may be challenging. Please plan accordingly. We may be able to accommodate earlier or later start times for competitors travelling long distances. Please email us at [info@cmoc.co.nz](mailto:info@cmoc.co.nz) at least two weeks prior to the event to discuss.

## Public Courses

There will be no public courses available at any of the events.

## Selecting the Appropriate Courses for Students

The technical difficulty of the championship courses will match those recommended by Orienteering NZ for NZSSOC ([see page 10 of the Special Rules](#)). Please be responsible when choosing which competition class to enter. Orienteering is difficult and not much fun when you can't complete a course because it is too hard. If a student has not completed a course at the Championship level for their age group, then they should enter the Standard class. This is a Championship Event and the Championship courses are set as difficult as possible within the guidelines to test the most able orienteers in each age group. The Standard class courses still provide a good level of technical and physical challenge. We estimate that roughly half of the competitors should be running in the Championship class, with the rest running Standard or Novice class. The Novice class is available for senior students who are new to orienteering.

## Team Managers

A big thank you to all the team managers who organise their students' participation in NISSOC2025. On the Eligibility Form that your school provided, we have asked for the contact details of the person in charge of your group, and an alternate contact. If we need to get in touch with one of your competitors on the day, we will use these details. Please advise us ASAP if these details have changed - email [info@cmoc.co.nz](mailto:info@cmoc.co.nz) prior to the event or come see us at Registration on the day.

It is the responsibility of the team manager to make sure all competitors are aware of the information contained on the NISSOC2025 website [cmoc.co.nz/nissoc2025](http://cmoc.co.nz/nissoc2025) and in all bulletins. Each student should be at the competition venue at least one hour before their start time. As Team Manager, please direct parents to the NISSOC2025 website for the most up-to-date information. Last-minute changes will be uploaded to the website and announced via the CMOC Facebook page [facebook.com/cmorienteering](https://facebook.com/cmorienteering).

It is the Team Manager's responsibility to notify the Controller if a competitor has not yet returned after a race. Please approach Registration if you cannot locate the Controller.

The Team Manager is also responsible for the transport of all the team's competitors to and from each venue, as well as their health, safety, and wellbeing while attending NISSOC2025.

## Event Centres

Each event will have an Event Centre where schools may set up marquees and drop bags. This area will also incorporate Registration, Toilets, First Aid, Download, and Results screens. Please bring your own shade tents, ground cover/tarpaulins, and camp chairs. There will be no childcare facilities available and young children must be supervised at all times.

## Registration Packs/Race Packs

Registration packs for schools will only be issued to team managers, rather than to individual students. The pack will include hired SI cards. The registration pack will NOT include printed copy of bulletins or start lists. Please bring your own printed or digital copy of this information.

## Lost Property

Lost property can be handed in to Registration. Any unclaimed lost property will be either donated to charity or binned/recycled following the event.

## First Aid and Medical Emergencies

Please bring your own first aid kit with plasters and supplies to take care of minor scratches, grazes, and cuts. For more serious injuries, we will have a doctor in attendance to assess, and you may be directed to the nearest medical centre. We will not have an ambulance on site.



## Waste and Green Thinking

The organisers of NISSOC2025 are committed to “leave only footprints” at each event, and therefore, we will operate under a “pack-in, pack-out” policy - that is, if you carry it into the venue, please carry it back out again. There will be no rubbish receptacles available, so please bring your own container to take your rubbish away. Please also respect the venues we are fortunate to use, as we rely on the generosity of landowners to be able to hold these events.

## Mobile Coverage

There is good mobile coverage at Wesley College for the Sprint. At Muirs Farm for the Long and Relay, mobile coverage may be spotty.

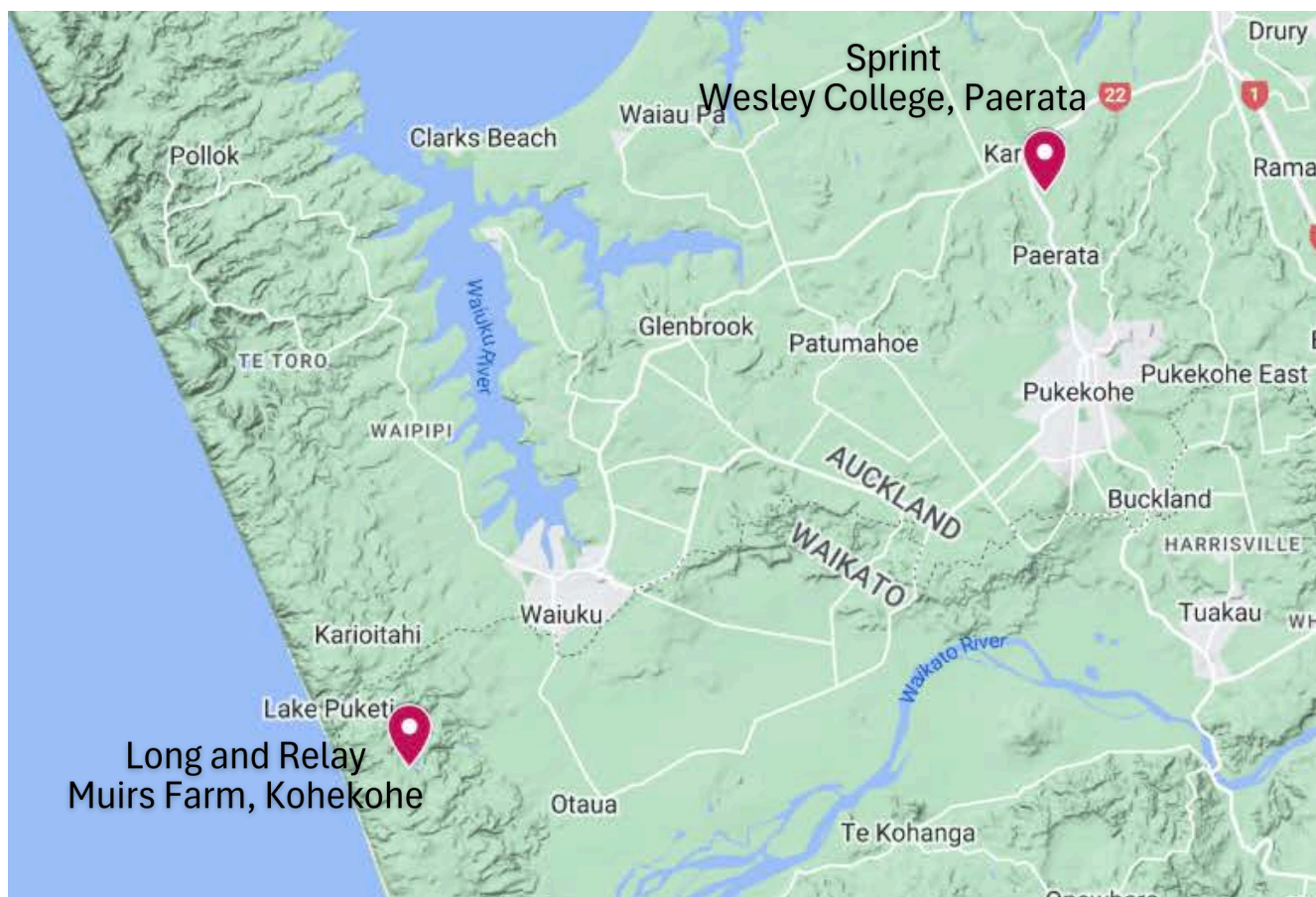
## Embargoed Areas

Wesley College is embargoed except for students who, for education, sport, or other non-orienteeing-related purposes, have a legitimate reason to be on the grounds. Any competitors entering this area with an orienteeing map or running timed practice legs prior to the event will be disqualified from competition. Muirs Farm is privately owned land and access is not permitted at any time prior to the event.

## Punching System

The SPORTident (SI) punching system will be used in all three NISSOC2025 events and SI cards can be hired when entries are submitted. We will use standard SI punching. The SPORTident Air touch-free system will NOT be activated in any races. Competitors using SIAC (Air) cards will need to pause at each control to punch. Students with their own SI/SIAC cards may use them for the Sprint and Long; please provide details with their entries. For the Relay, students must use allocated SI cards which they will receive in their race pack on the day.

## General Map of the Region





# SPRINT

Friday 25 April  
Wesley College  
Paerata

**Address:** 801 Paerata Road Rd 1 Paerata 2676

**Coordinates:** -37.14852, 174.88912

**Planner:** Llewellyn McGivern

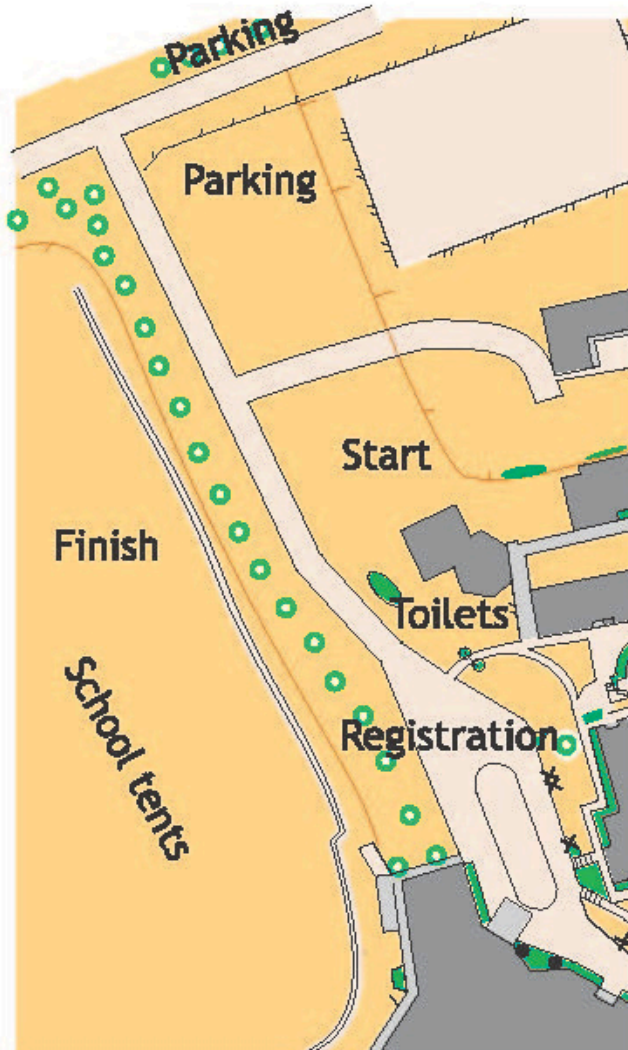
**Controller:** John Robinson

**First Starts:** 1.30pm

**Terrain:** School grounds. Buildings, pathways, walls, gardens, fields.

| Course | Class              | Difficulty | Length | Controls | Estimated Winning Time (EWT) | Run through/flip map | Control descriptions              |
|--------|--------------------|------------|--------|----------|------------------------------|----------------------|-----------------------------------|
| 1      | Senior Boys        | Red        |        |          | 12-15 min                    |                      | Symbol                            |
| 2      | Senior Girls       | Red        |        |          | 12-15 min                    |                      | Symbol                            |
| 3      | Intermediate Boys  | Orange     |        |          | 12-15 min                    |                      | Map: Text<br>Loose: Text & Symbol |
| 4      | Intermediate Girls | Orange     |        |          | 12-15 min                    |                      | Map: Text<br>Loose: Text & Symbol |
| 5      | Junior Boys        | Yellow     |        |          | 12-15 min                    |                      | Text                              |
| 6      | Junior Girls       | Yellow     |        |          | 12-15 min                    |                      | Text                              |
| 7      | Year 7/8 Boys      | White      |        |          | 12-15 min                    |                      | Text                              |
| 8      | Year 7/8 Girls     | White      |        |          | 12-15 min                    |                      | Text                              |

## Map of Event Centre for Sprint

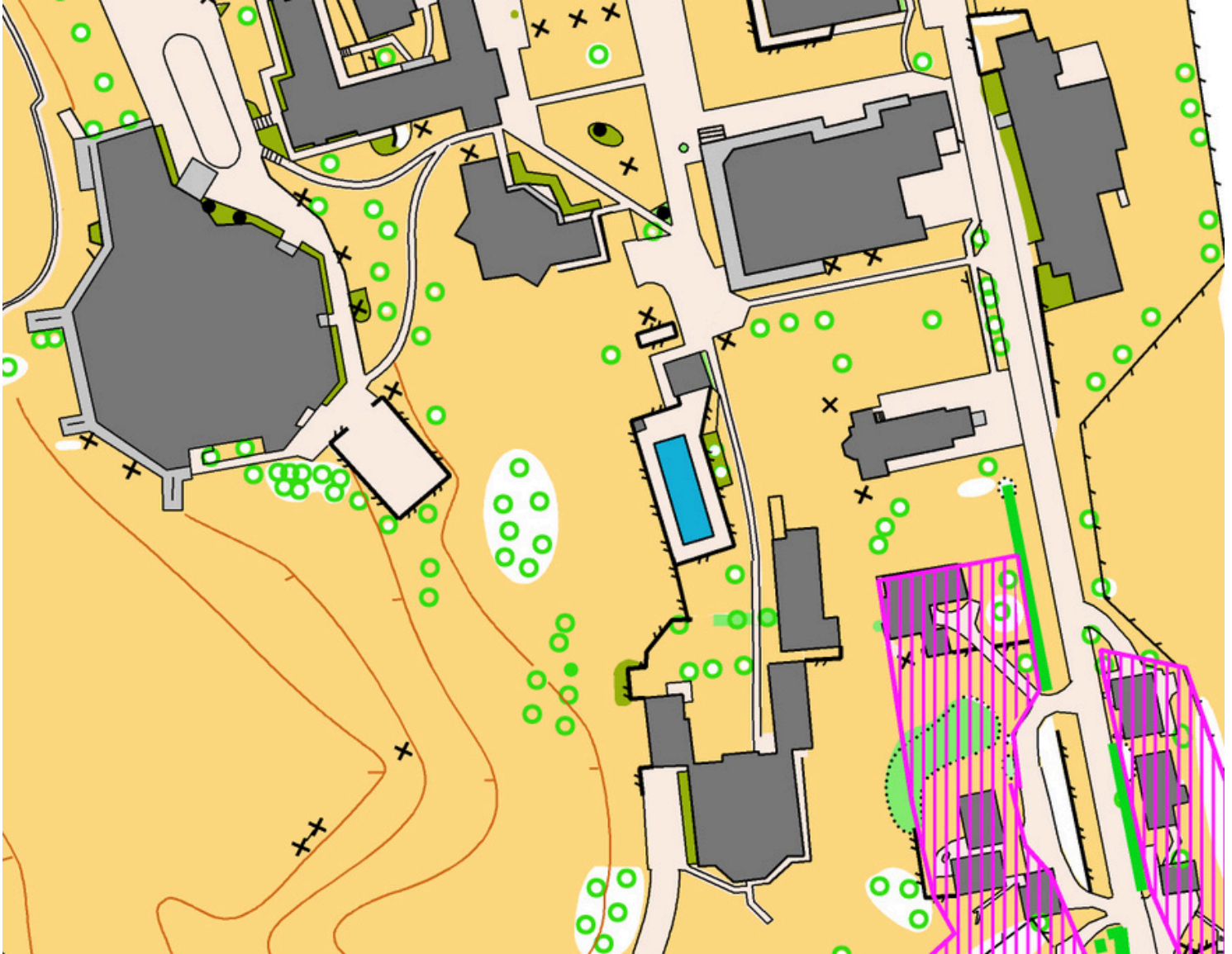




# SPRINT

Friday 25 April  
Wesley College  
Paerata

## Example Map of Terrain for Sprint





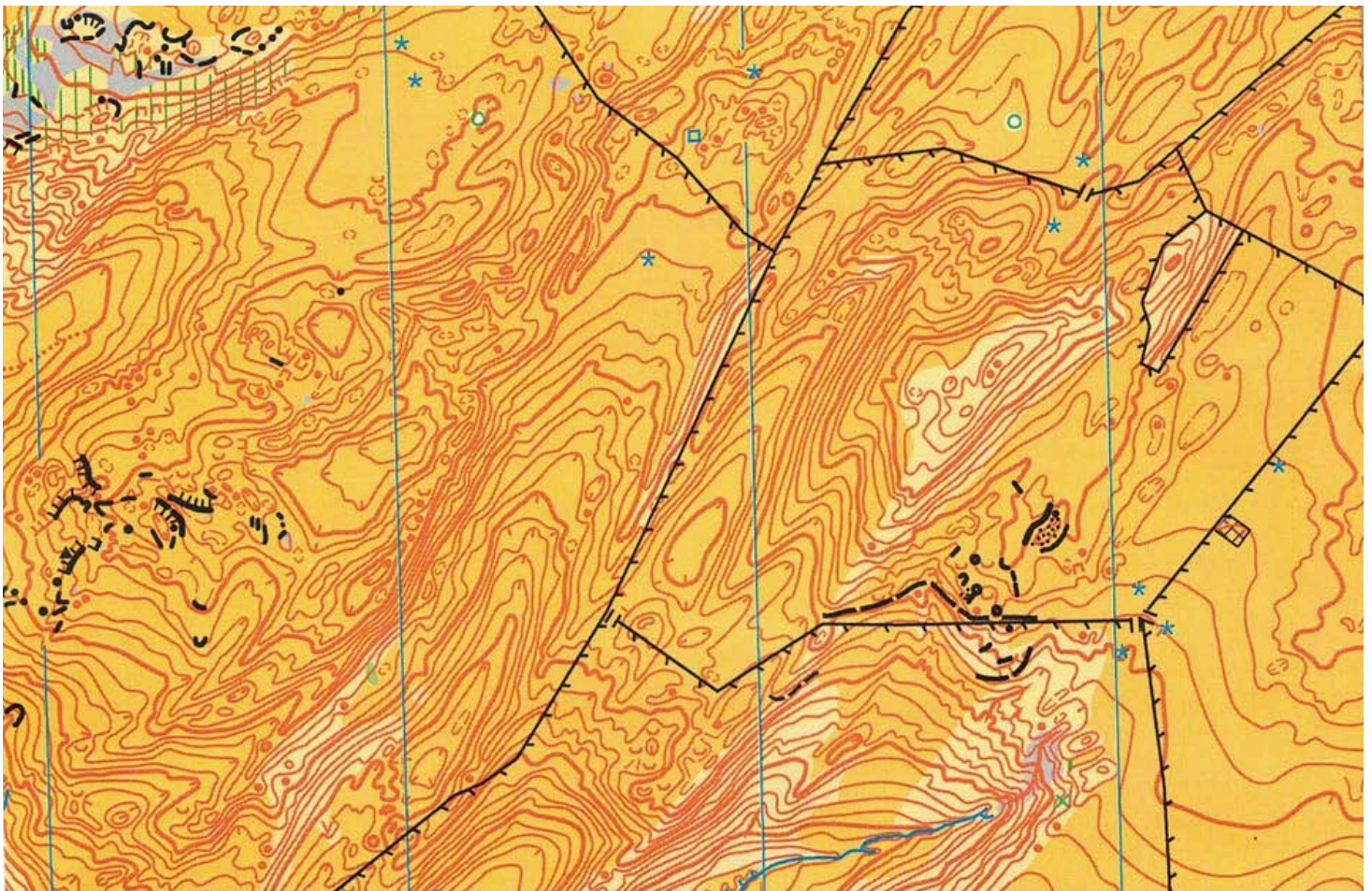
# LONG

**Saturday 26 April**  
**Muir's Farm, South End**  
**Kohekohe**

**Address:** 467 Whiriwhiri Road, Waiuku  
**Landowner:** Willie Muir, Leifting Estate  
(Manager David Bull)  
**Coordinates:** -37.29779, 174.68318  
**Planner:** Kurtis Shuker  
**Controller:** Wayne Aspin  
**First Starts:** 10am

**Terrain/mapper's notes:** Farm land. Open high sand dunes with some sandstone rock features, gully/spur with some native forest. Sandstone features on map are marked in black. Cliffs can vary from 1m to 5m. Black dots are sandstone up-right pillars varying from 1m to 3m and mapped as boulders. Areas mapped grey have no vegetation growing and can be bare ironsand, hard sandstone or clay. Close green stripes areas are dead gorse and are best avoided. Wide green stripes are areas of rough open with scattered vegetation such as gorse or blackberry and are runnable. Dark green along the coastal area are patches of impenetrable flax.

## Example Map of Terrain for Long



**Original mappers:** Wayne and Tricia Aspin (1993)  
**Latest map update:** Wayne Aspin (2024-25)  
**Photogrammetry:** NZ Aerial Mapping Ltd  
**Original Cartography:** Tricia Aspin (1993)  
**Original OCAD 5:** Jim Lewis (1998)  
**OCAD Update:** Marquita Gelderman (2023)

# LONG

**Saturday 26 April**  
**Muir's Farm, South End**  
**Kohekohe**

**Distance to Start:** Allow 5 min walk from Event Centre.

**Finish location:** At Event Centre.

**Warm-up area:** In Event Centre paddock. Please observe out of bounds flags and tapes.

**Safety bearing:** S and SE to Event Centre.

**Hazards:** Coastal cliffs on SW side of maps. Will not affect courses. Livestock on farm - try to avoid and do not corner against fence lines.

**Fences:** All courses have fences mapped and gateways marked. Please leave gates as found. Electric fences will be turned off. Water troughs are mapped as blue asterisks. Two small troughs next to each other can be mapped as one. Individual trees are mapped as green circles. Green X are individual stumps or logs. Can also be a group close together but mapped as one.

| Course | Class                                                     | Difficulty | Length | Controls | Estimated Winning Time (EWT) | Run through/ flip map | Control descriptions              |
|--------|-----------------------------------------------------------|------------|--------|----------|------------------------------|-----------------------|-----------------------------------|
| 1      | Senior Boys Championship                                  | Red        |        |          | 45-50 min                    |                       | Symbol                            |
| 2      | Senior Girls Championship                                 | Red        |        |          | 45-50 min                    |                       | Symbol                            |
| 3      | Intermediate Boys Championship                            | Orange     |        |          | 35-40 min                    |                       | Map: Text<br>Loose: Text & Symbol |
| 4      | Intermediate Girls Championship                           | Orange     |        |          | 35-40 min                    |                       | Map: Text<br>Loose: Text & Symbol |
| 5      | Senior Boys Standard                                      | Orange     |        |          | 35-40 min                    |                       | Text                              |
| 6      | Senior Girls Standard                                     | Orange     |        |          | 35-40 min                    |                       | Text                              |
| 7      | Junior Boys Championship/<br>Intermediate Boys Standard   | Yellow     |        |          | 25-30 min                    |                       | Text                              |
| 8      | Junior Girls Championship/<br>Intermediate Girls Standard | Yellow     |        |          | 25-30 min                    |                       | Text                              |
| 9      | Year 7/8 Boys Championship/<br>Senior Boys Novice         | Yellow     |        |          | 25-30 min                    |                       | Text                              |
| 10     | Year 7/8 Girls Championship/<br>Senior Girls Novice       | Yellow     |        |          | 25-30 min                    |                       | Text                              |
| 11     | Junior Boys Standard/Year 7/8<br>Boys Standard            | White      |        |          | 20-25 min                    |                       | Text                              |
| 12     | Junior Girls Standard/Year 7/8<br>Girls Standard          | White      |        |          | 20-25 min                    |                       | Text                              |



# RELAY

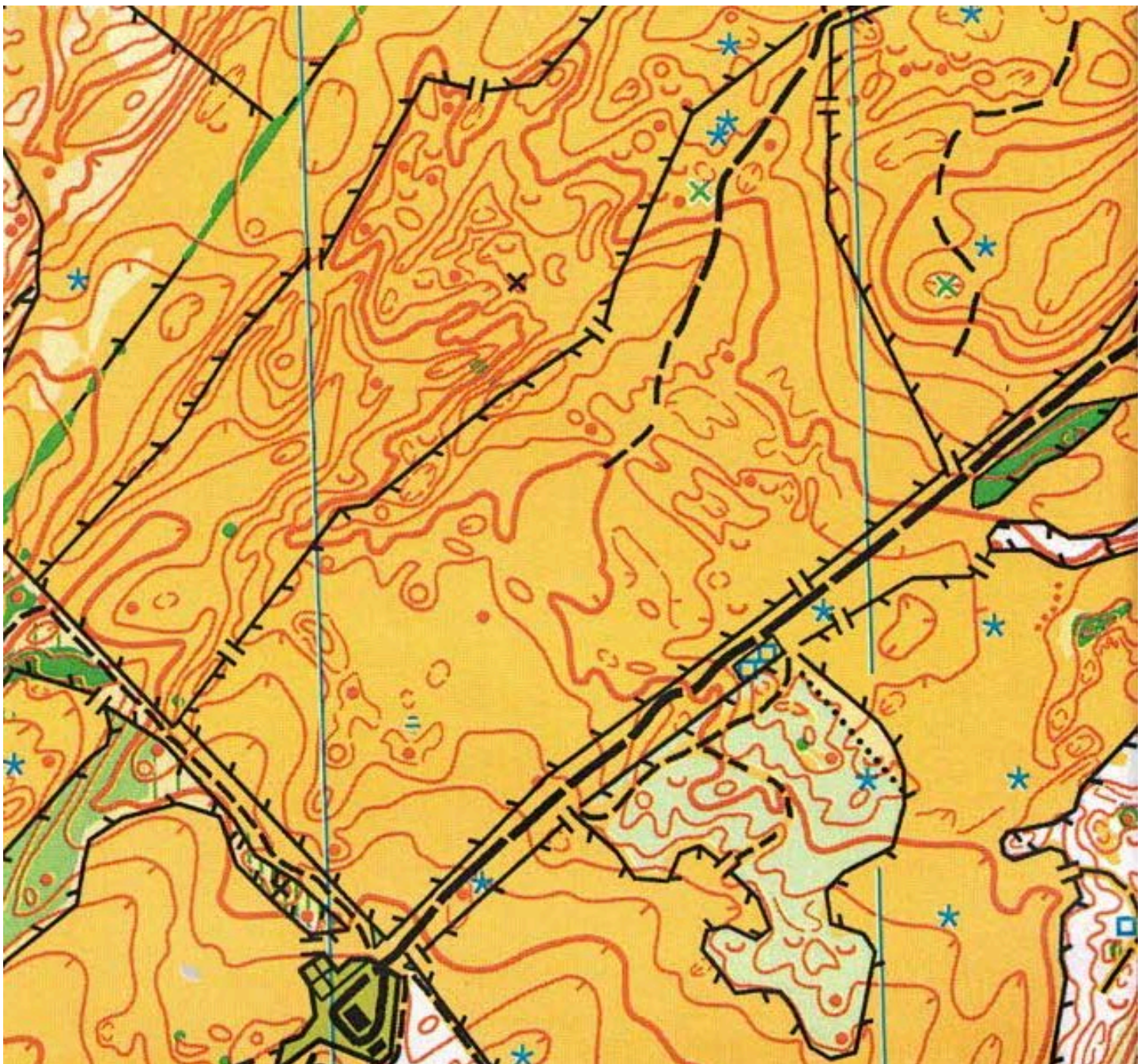
**Sunday 27 April**  
**Muir's Farm**  
**Kohekohe**

**Address:** 467 Whiriwhiri Road, Waiuku  
**Landowners:** Willie Muir, Leifing Estate  
(Manager David Bull); Noel Hosking,  
Madonna Harris, Stuart Muir, Leon Kerof  
**Coordinates:** -37.29779, 174.68318  
**Planners:** Kelly McKinnon, Grant McKinnon  
**Controller:** Justine Edwards

**Advisor:** Bryce Brighthouse  
**First Starts:** 10.30am

**Terrain/mapper's notes:** Same as for Long, but this area will have small areas of pine plantations mapped white (fast run) and light green (slow run). Some areas of pine planted among gorse are mapped dark green (fight) and medium green (walk).

## Example Map of Terrain for Relay





# RELAY

**Sunday 27 April**  
**Muir's Farm**  
**Kohekohe**

**Distance to Start/Changeover:** Allow 5 min walk from Event Centre.

**Finish location:** At Event Centre.

**Warm-up area:** In Event Centre paddock. Please observe out of bounds flags and tapes.

**Safety bearing:** N and NW to Event Centre.

**Hazards:** Livestock on farm - try to avoid and do not corner against fence lines.

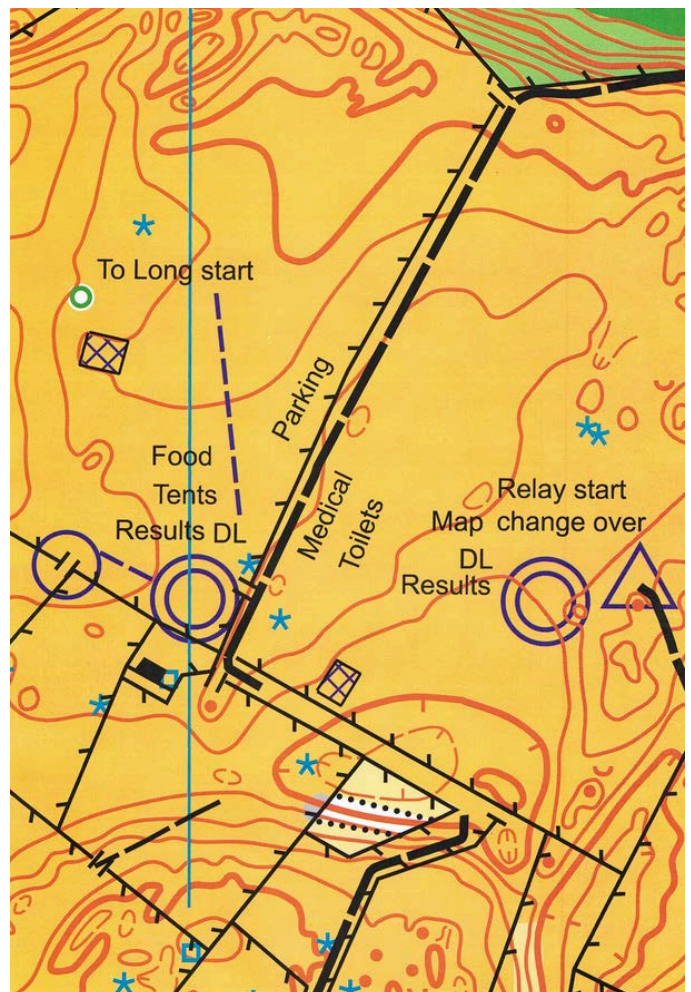
**Fences:** All courses have fences mapped and gateways marked. Please leave gates as found. Electric fences will be turned off.

| Course | Class              | Difficulty                      | Length | Controls | Estimated Winning Time (EWT) for each leg |
|--------|--------------------|---------------------------------|--------|----------|-------------------------------------------|
| SB     | Senior Boys        | Orange                          |        |          | 30 min                                    |
| SG     | Senior Girls       | Orange                          |        |          | 30 min                                    |
| IB     | Intermediate Boys  | Yellow                          |        |          | 25 min                                    |
| IG     | Intermediate Girls | Yellow                          |        |          | 25 min                                    |
| JB     | Junior Boys        | Leg 1 and 3 Yellow, Leg 2 White |        |          | 20 min                                    |
| JG     | Junior Girls       | Leg 1 and 3 Yellow, Leg 2 White |        |          | 20 min                                    |
| Y78B   | Year 7/8 Boys      | White                           |        |          | 20 min                                    |
| Y78G   | Year 7/8 Girls     | White                           |        |          | 20 min                                    |

## Map of Event Centre for Long and Relay (same location)

### Relay Teams

To save our volunteers some stress, relay teams will be due by the end of the Sprint on Friday 25 April 2025. Please download the relay team form from the CMOC website and email to [info@cmoc.co.nz](mailto:info@cmoc.co.nz) before 25 April, or print out the form and bring to Registration at the Sprint. We will have printed-out relay team forms available at Registration if needed.



## Points Competitions

### Top Secondary School Competition

This is the longest running competition and caters for the broadest spread of students. It is intended that the trophies go to the schools that display the greatest depth of orienteering talent at all levels. There are separate trophies for boys and girls.

1. Only 3 competitors in each age class will contribute to the school's points for any one race. Therefore, a maximum of 9 competitors (3 at each age group) will be able to earn points for their school for any one race for either the boys or girls trophies. Over the full competition, different team members may score on different days meaning many more than 9 athletes may contribute to a school's points. A "no-blocking rule" applies (see below): remaining competitors from the school are removed from the results for the purpose of points allocation only.
2. In the individual Sprint competition, the best three results at each age class will be counted. Only one level is offered.
3. In the individual Long competition, the best three results at each age class, whether in the Championship, Standard or Novice event, will be counted. A school can gain points from no more than two athletes from outside the Championship class, except when the "same points rule" applies (see points calculation notes below).
4. When the points for the third contributing competitor for a school in a class could come from different classes, the "same points rule" applies (see points calculation notes below).
5. In the relay, only the highest positioned team from any school in each age class will count. (Runners in composite or non-competitive teams do not count).
6. When two competitors receiving points tie in any race, they each gain the points appropriate for their placing. For example, if there is a tie for 5th place both get points for 5th place. The next counting athlete gets points for 7th place.

Points for this competition are as follows:

*Individual Sprint:* 1st = 25 pts, 2nd = 24 pts, 3rd = 23 pts, down to 25th = 1 pt

*Individual Long Championship:* 1st = 25 pts, 2nd = 24 pts, 3rd = 23 pts, down to 25th = 1 pt

*Individual Long Standard:* 1st = 15 pts, 2nd = 14 pts, 3rd = 13 pts, down to 15th = 1 pt

*Individual Long Novice:* 1st = 3pts, 2nd = 2pts, 3rd = 1pt

*Relays:* 1st team = 60 pts, 2nd = 54, 3rd = 48, down to 10th = 6 pts 8

### Premier School Competition

This competition is for Boys and Girls with a Trophy for each. It is aimed at encouraging schools to support their top performing competitors at national level. The winners are the schools that have the best performance by their top competitors at Championship level only. The results of one competitor from each school in each Championship age class count, with points from 10 for 1st to 1 for 10th.

### Small Teams Competition

This competition is to cater for schools who have insufficient numbers or an inadequate spread of students to compete seriously in the Top School Competition. It is restricted to schools that have entered 5 or fewer competitors, as determined on the day of close of entries. There are separate boys' and girls' Competitions. Mixed schools with more than 5 competitors in total but whose boys', girls', or both teams number fewer than 5 competitors are eligible for the Small Teams Competition. Certificates are awarded to the winning school and the place getters. This competition will be based on results in the Top School Competition.

### Year 7/8 Competition

This competition follows the rules of the Top Schools Competition. There are only 2 classes: Boys and Girls.



## Points Competitions (cond't)

### Points Calculation Notes

1. *The “no blocking” rule.* This means that once a school has scored its best competitors then any further competitors from the same school do not interfere with points. Eg in the top school competition, if a school has runners at 2, 4, 6 and 7, the school will score 24, 22 and 20. The 7th place getter is then removed from the equation so the runner who is 8th will score 19 points (as though he/she were 7th).
2. *The “same points” rule.* This relates to the unusual case where a school has two team members on the same points, either of whom could be considered to generate the points for the third counting runner in a class. This has arisen when two athletes from the same school and same class, but competing in different classes (championship, standard, or novice) have shared the same points. The points are to be awarded only for the runner from the less technical class (novice -> standard -> championship). This does not affect the school's points but leaves more points available for distribution to remaining competitors in the more technical class. An example is where the runner 11th in Championship and 1st in Standard are both at the same school in the long distance. By attributing 15 points from the standard class, the 15 points for 11th place in the championship class remain available and now given to the 12th place competitor (as the 11th place championship competitor will be removed from calculations by the no blocking rule). Although points are not allocated to the higher technical class competitor, their achievement is valued.

## Results and Prizegiving

Provisional results will be announced and displayed in the finish area or at the Event Centre during the competition.

Final results will be made public upon completion of the event as long as there are no outstanding complaints or protests. Results will be loaded to WinSplits each evening after the event has finished, and will be posted to the CMOC website and Facebook page as soon as is practicable. Please give our volunteers some grace as it may take us some hours after pickup each day to get back to our computers.

We intend to hold prizegiving ceremonies following the completion of each event, but will make a final determination on this closer to the time, dependent on weather and on attendance.

A final prizegiving will be held for the presentation of trophies, including the schools points results, immediately following the completion of the Relay.